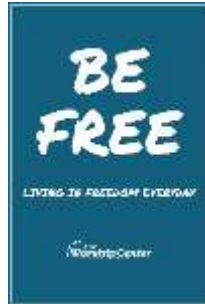


# BE FREE:

LIVING IN FREEDOM EVERYDAY





# BE FREE

A small group, deliverance curriculum that helps people, through discipleship, to find freedom from their past, develop a passionate relationship with Jesus, and find an expression of their purpose that they might strengthen the local church. BE FREE is dedicated to equipping believers to victoriously wage spiritual warfare, experience personal cleansing, and minister freedom to others.



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Our mission is to be the ultimate expression of deliverance that people might find freedom from their past, develop a passionate relationship with Jesus, and find an expression of their purpose that they might strengthen the local church. We work towards accomplishing this mission through a 15-week small group study which includes a Retreat experience.

**This 15-week course focuses on eight areas of personal growth:**

- **Living in the Tree of Life** – The Bible speaks of two trees in the Garden of Eden. There is much insight about the life-giving approach to the Christian experience versus dead religion. This wisdom can be gained from studying the details of the first sin and the difference between the two trees.
- **Walking in the Spirit** – God tells us to walk In the Spirit. Unfortunately, our shortcomings, failures, sins, and hurts can make the thought of such a command overwhelming. Nevertheless, He would not have instructed us to walk in the Spirit if had He not given us the grace and power to do so. God’s word teaches us how to live with our “spirit man” in charge of our mind, will, emotions, and body.
- **Becoming a Vessel God Can Use** - We know that when we confess and repent of our sin, the blood of Jesus cleanses us from all unrighteousness. However, many believers are unaware that demonic forces can gain footholds when we allow sin to reign

in our lives. We repent of sin and cast off the powers of darkness that have influenced us so we can become vessels of honor ready for the master's use.

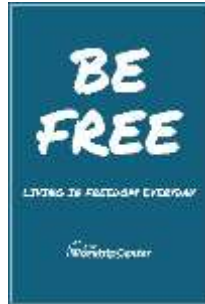
- **Learning to Speak Words of Life** - The Bible says that life and death are in the power of the tongue. Words can be encouraging, or words can curse. We can break the power of negative words that have been spoken over us and words of death that we have spoken ourselves. God's word is living and active, and we can learn to use it to advance His Kingdom.
- **Living as a Worshipper** - Maintaining a life walking in the Spirit, surrendering ourselves to the Lord, speaking words of life, and walking in purity, requires us to be worshippers in spirit and in truth. We worship God through our adoration and our praise, but also through our obedience to Him.
- **Surrendering Our Lives to the Lord** - God calls us to be a people whose love for Him supersedes all other desires and goals. He must be Lord of our lives so that we may grow in our purpose and receive His blessings.
- **Soul Care / Spiritual Formation** - Spiritual formation is the process of spiritual maturation from the time of regeneration to the time of glorification. It is the transforming of the human spirit by the Holy Spirit. The problem of spiritual maturity/vitality in the church is a lack of understanding (and therefore a lack of engagement with) the transformational resources available in Jesus Christ through His Spirit.
- **The Dark Night of the Soul** - The Dark Night of the Soul is among the stages and seasons of spiritual development in which we come to rely fully on God, His grace, and His strength in our lives.

### **BE FREE Retreat**

**Following week 12 is a powerful two-day retreat designed to allow participants to personally encounter the Lord and receive freedom in many areas of their spiritual life.**

# **WHAT IS BE FREE?**

**BE FREE is a small group, deliverance curriculum tha**



## Is my church ready for BE FREE?

We are so excited that you are interested in BE FREE! This dynamic ministry offers freedom to the believer from their yesterday and equips them to move forward in the ministry of their tomorrow! We are thrilled to be able to partner with your church. This brief checklist is a useful tool to help you gauge when your church is ready to launch BE FREE.

Once you are able to answer YES to each statement below, email us at [befree@theworshipcentercc.org](mailto:befree@theworshipcentercc.org). We will then send you information on how to get connected with the BE FREE Process. We want to see BE FREE take root in other church families and look forward to hearing from you!

- Our Senior Pastor supports and approves the launch of BE FREE in our church.
- We want BE FREE to be understood and supported by your senior pastor. We fully respect and submit to this spiritual authority.
- Our church operates on a Small Group semester structure.
- To attend our BE FREE Retreat, a semester-based small group schedule is optimal. This also helps your mentor serve you consistently.
- Our church is willing to commit to the TWC BE FREE Launch Plan.
- The three-semester process, as outlined below, is a path to which we are committed. This process is tried and true and allows us to partner with churches that are willing to invest in these steps.
- Our church is confident we can recruit and build a CORE TEAM to invest in the BE FREE Ministry.
- When you begin the TWC BE FREE Launch Plan, Semester 1 consists of building a CORE TEAM of 6-10 spiritually mature adults willing to invest in the ministry.

## **BE FREE Launch Plan**

### **Semester 1: CORE TEAM**

Recruit and build a Core Team of leaders within your church body who are willing to invest in the BE FREE Ministry for three semesters. This Core Team will participate in a BE FREE small group during Semester 1 and must attend TWC's BE FREE Retreat. This team should include:

- At least one pastor
- 6-10 spiritually mature leaders
- Group members must be committed to lead a BE FREE Group in Semester 2
- Group members must be committed to attend TWC's BE FREE Retreat
- A designated group leader will be paired with a BE FREE Mentor from TWC for the duration of the launch plan.

### **Semester 2: Launch Public BE FREE Groups**

During this semester you will:

- Launch public groups led by your Core Team leaders who have successfully completed Semester 1 requirements. (2 leaders per group)
- Leaders will train and serve at TWC's BE FREE Retreat at the end of the semester.
- Participants will attend TWC's BE FREE Retreat at the end of the semester.
- Identify and grow future BE FREE leaders through small group relationships.

### **Semester 3: Launch Retreat**

During this semester you will:

- Continue a now established and growing BE FREE: Small Group Ministry
- Receive coaching and materials on every detail of the BE FREE Retreat
- Host your own BE FREE Retreat

Throughout the entire process you will have contact with your TWC Mentor who will coach and equip throughout each step of this launch plan. Conference calls will also be scheduled to walk you through the launch plan and allow for questions with veteran members of our BE FREE Team.





If you have answered YES to the above statements, please email us at [befree@theworshipcentercc.org](mailto:befree@theworshipcentercc.org) and indicate you are ready to BE FREE!

If you have any questions and would like to speak to a member of our BE FREE Ministry Team, please contact us at 205-230-4941 or [befree@theworshipcentercc.org](mailto:befree@theworshipcentercc.org).

Thank you for your interest in the BE FREE Ministry and for taking the time to review this information.

We hope to hear from you soon. God bless you!

Sincerely,

BE FREE Ministry Team

