



PRAYER MANUAL

BE FREE
LIVING IN FREEDOM
EVERYDAY

The Center of it All...
the *WorshipCenter*
CHRISTIAN CHURCH



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BE FREE RETREAT GOALS

To cultivate and prepare an environment in which attendees can experience and receive divine revelation

For each person in attendance to encounter the extravagant love of the Father, the amazing grace of the Lord Jesus Christ, and the intimate friendship of the Holy Spirit through the power of Jesus

To usher in freedom in Christ, who overcame the devil and set us free from sin and bondage so we can love others, bear fruit, take our stand against the devil, and enjoy the presence of God every day of our lives

TEAM COLORS

Retreat teams are identified by specific colors. Please see the descriptions below to learn about the significance of each one.

Intercessor Team: White

This team wears white, a sign of purity, victory, and righteousness through Christ. They lead the battle and provide a prayer covering over the room. They keep the enemy at bay and act as watchmen as well as worshipers and builders, creating an atmosphere in which the power of God can be released. Intercessors focus on the big picture: freedom. They rely on the Holy Spirit to point them toward specific areas or groups of people or even other teams who may need intercession (things like fatigue, fear, or focus), and they discern where and how to focus their prayers.

Prayer Team: Red

This team wears red, which represents the blood of Jesus—and there is power in the blood! Their role is to listen to the Holy Spirit, love people to wholeness, and to be bold in the face of the enemy. The Prayer Team focuses on “the one.” Each person who comes forward to receive prayer is the one to whom

God wants to extend freedom and healing, and this team in turn becomes tangible hands, feet, and voices for the message of victory.

Host Team: Light Blue

The Host Team ministers to participants and maintains order and flow in the auditorium. They are there to support the ministry happening on the line and assist participants.

Events Team: Navy Blue

The Events Team ministers to participants by maintaining order outside of the auditorium. They are there to create a warm, welcoming, and distraction-free environment, so that participants can experience freedom.

Captain Team: Neon

This team wears neon, a color that simply signifies support to the Retreat teams. Their role is to help the Prayer Team and provide additional prayer covering for participants as well as Retreat team members. If questions arise, Captains can help facilitate answers and are available to provide extra help during prayer times.

SECTION 1 PREPARE

ENCOURAGED & EQUIPPED *How to prepare for your role in the BE FREE Retreat*

Stay Humble.

A humble heart and a sincere desire to see others experience the freedom in Christ that you have personally experienced are essential when it comes to being an effective member of the BE FREE Retreat Team.

Commit to unity.

It takes a big team composed of many smaller teams to make this Retreat a success. Just as each team has a responsibility, the men and women serving on those teams have specific responsibilities as well. Respect them and look for ways to help and encourage your brothers and sisters. Think of yourself as a soldier in a battle. As you war against the enemy, you must be **in unity**, or he will be able to penetrate and resist our efforts to bring people to freedom.

“Therefore I, a prisoner for serving the Lord, beg you to lead a life worthy of your calling, for you have been called by God. Always be humble and gentle. Be patient with each other, making allowance for each other’s faults because of your love. Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace.” Ephesians 4:1-3

Remember: This is not about you; it is about our King, Jesus, and His heart to bring freedom to those that He loves so much. You are helping extend His kingdom.

Make preparation a priority.

Take time to prepare your heart for what the Lord wants to do in and through you. Study the Word and find out where your strength comes from. Focus on faith and obedience in your daily activities and be intentional about seeking Him and having a heart of thankfulness. Be genuine with God and give Him access to your struggles and desires. Turn to Him when you sin and choose to have a forgiving heart. Being intentional with your relationship with the Lord will help you come to the Retreat prepared to minister with a heart that is open and sensitive to the Holy Spirit who will use you to do great things!

FAITH IN ACTION

Practical ways to prepare

Fasting

Fasting helps change your focus and is useful in preparing yourself for ministry, especially when engaging in spiritual warfare. You can fast in a variety of ways (talk to your team leader if you would like more information) but remember the most important part of fasting does not involve what you take away, but

what you add regarding time spent with the Lord. Ask Him what needs to be done in your heart as you fast.

(Tip: Fast before, not at the Retreat—it is good to go into battle strengthened.)

“Is it a fast that I have chosen, a day for a man to afflict his soul? Is it to bow down his head like a bulrush, and to spread out sackcloth and ashes? Would you call this a fast, and an acceptable day to the LORD? “Is this not the fast that I have chosen: To loose the bonds of wickedness, to undo the heavy burdens, to let the oppressed go free, and that you break every yoke?” (Isaiah 58)

Prayer

Prayer readies your heart for battle and helps you hear and know God’s voice. In 1 Thessalonians 5:17, the Bible says to “pray without ceasing.” Live a lifestyle of prayer. Never underestimate the power of God working through heartfelt prayers; they release the power of God and change reality.

“The effective, fervent prayer of a righteous man avails much.” James 5:16

The Word

The Word is the Sword of the Spirit, and it is instrumental in seeing the works of darkness destroyed. Just as food nourishes your body, the Word nourishes your soul. The Word is a major warfare weapon. As you study, ask the Lord to write the scriptures on your heart and get ready to be amazed by the way God uses those very scriptures to serve participants.

John 8:32 says that the truth will set us free. The Holy Spirit actually ignites the truth that we’ve poured into ourselves, and He uses it to cut through the lies and deception that have people bound. The powers of darkness recognize the eternal Word of God. When Jesus was tempted by Satan, He said three times, “It is written, it is written, it is written.”

“It is the same with my word. I send it out, and it always produces fruit. It will accomplish all I want it to, and it will prosper everywhere I send it.” Isaiah 55:11

“For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.” Hebrews 4:12

“All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work.” 2 Timothy 3:16-17

Worship

When all else fails and your will or desire are gone, worship is the way back into life abundant. He is worthy of praise, so even when you do not feel like

praising, choosing to glorify Him changes things in your heart and mind. Worship not only brings the presence of God into our lives, but it also establishes His dominion in us. Praise and worship unlock doors and break down walls in ways that we cannot see; worship is warfare.

“Let everything that has breath praise the Lord.” Psalm 150:6

“Let the high praises of God be in their mouth, and a two-edged sword in their hand, to execute vengeance.” Psalm 149:6-7

SECTION 2 EXECUTE

PRAYER TIME

How to be an effective Prayer Team Member

1. Walk in your Authority.

The basis of our ministry is authority in Christ. When Jesus commissioned His disciples in Matthew 10:1, “He gave them power over unclean spirits to cast them out.”

In Luke 10:19, Jesus says to the 70 that He sent out, “I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you.”

Mark 16:17 reminds you that He commissions the whole church when He says, “And these signs will follow those who believe – they will cast out demons.” You are simply doing what Jesus commanded you to do. If the enemy challenges you with lies, just tell him you are following Jesus’ instructions, given to you by the One who Conquered Sin and Death.

Ephesians 1:20-22 says that God “seated Him at His right hand in the heavenly places, far above all principality and power and might and dominion, and every name that is named, not only in this age but also in that which is to come. And He put all things under His feet, and gave Him to be head over all things to the church.” Principalities and powers are under your feet when you assume your rightful authority.

Revelation 1:6 says that the Lord has called His people to be “kings and priests.” Use your spiritual authority in the name of Jesus to intercede as priests as you pray for others. You have authority to declare that Jesus has overcome the forces of darkness. *“Greater is He that is in me than he that is in the world.” 1 John 4:4*

2. Expect Resistance.

How do you overcome the attack of the enemy that comes when you are praying for someone or standing on the line with fellow Prayer Team members? Remember this: You are enforcing what Jesus accomplished on the cross. It is finished! Hell wants to retaliate by using its weapons against you. Some of these weapons include pride, fear, insecurity, and imaginations. The enemy’s strategy is to distract you from your true purpose. Be ready for such attacks, and stand against it with God’s truth. We recognize the lie, reject the lie, and replace the lie with God’s Word. Read on to learn more about how to combat the attacks.

ENEMIES OF EFFECTIVENESS

Watch out for these distractions

Pride

Nothing stops the flow of God's power more than pride. It's easy to think, "Oh, I just set that person free" or "I'm really doing a good job, I wonder if the rest of the Prayer Team are doing as good a job as I am?" The enemy wants to instill in you an elitist attitude. Pride will quench the Holy Spirit. There is no place for pride in God's kingdom. It kills your anointing. This is Jesus' work, not ours. "Pride goes before destruction and a haughty spirit before a fall."

Fear

We may hear things like, "What if nothing happens?" or "What if the person does manifest demons?" Or "What if the person doesn't approve of or like my prayer?" Or "You're not ready for this – you're not good enough to minister to someone else." We must continually combat the lies of the enemy with the truth of God's Word. Jesus had to do this when He faced Satan in the wilderness. Notice that He didn't argue with Satan. Jesus simply responded immediately with truth.

For God has not given us a spirit of fear, but of power and of love and of a sound mind." 2 Timothy 1:7

"There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love." 1 John 4:18

Insecurity

On your own, your strength is limited, but the interesting thing about faith is that His power is made perfect in your weakness. He is strong! The enemy wants you to focus on yourself not the limitless power of your Abba Father.

Some of the lies of insecurity that we might hear are:

- "What if they think I don't know what I'm doing?"
- "I don't have anything good to pray"
- "I have just as many problems as they do, who am I to think I could pray for someone else?"
- "If anyone knew how bad I'd been lately about praying and reading my Bible, they wouldn't want to come to me"

- "God really can't use me. Just look at the mess my family is in."

But remember, these are lies. Once you recognize them, you can reject them and replace them with the truth of God's Word.

“We are all more than conquerors through Christ!” Romans 8:37

“I can do all things through Christ who strengthens me!” Philippians 4:13

“Not by might nor by power, but by My Spirit.” Zechariah 4:6

“For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare *are* not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.” 2 Corinthians 10:3-5

ON THE LINE

10 tips to fruitful ministry

1. Give it to God and enjoy the experience. Take the pressure off of yourself and put it on God—He can handle it.
2. Know your prayer formats. Try to avoid being mechanical in your methods. The key to this is knowing your prayer formats well enough that you can pray without thinking about it.
3. Be sensitive to the situation. For many participants, this is an intimidating, unfamiliar, and even scary environment. And engaging in conversation and prayer with you may be very difficult for them. In short: Ask God to allow you to see them as He sees them.
4. Use their name. When you speak to and pray for a participant, use his or her name. Calling someone by name not only shows that you are interested in who they are, but also tells them that they are important.
5. Tough on the enemy, easy on the person. It is easy to become so focused on deliverance that you forget you are dealing with a real person. The people matter; minister to each one individually.
6. Pray the Word. Bring the Word of God into the prayer time and speak scriptures over the participants that apply to the teaching.
7. Watch your volume. Be aware of the volume level of your voice so the prayer time remains personal and as private as possible.
8. Position yourself for ministry. Stand a bit to the side of the participants as you pray for them. Be alert so that if the person begins to get weak in their ability to stand, you can steady them.
9. Your role is to pray, not counsel. A participant may want to talk a lot, but with grace, guide them back into a time of prayer. Try saying something simple like: “The Lord knows all the details. Let’s pray.”
10. Communicate with the Host Team. We desire an orderly, efficient experience and our Host Team serves you in that.
Raise your hand to let them know you are available to pray.

On a Personal Note

Put your best foot forward by being mindful of hygiene. It is a good idea to bring a toothbrush and toothpaste to freshen up after meals before returning to the prayer line, and while you are at it, go ahead and bring extra deodorant. Some scents can be distracting, so make wise choices.

You may want to pack some snacks, along with a jacket, facial tissues, Chapstick, and other personal items that will help you get through a long day.

How to Anoint with Oil

Oil symbolizes 4 things:

1. Symbolizes you are holy and set apart. (Leviticus 8:12)
2. The word of God is sealed. (1 Samuel 9:15-17)
3. Bondage is broken off your life. (Isaiah 10:27)
4. Healing and deliverance. (Mark 6:13- disciples drove out demons and anointed sick people with oil and healed them.)

It is important to remember that the oil is symbolic and though it is scripturally significant, the power is in Jesus. The oil itself holds no power.

On the practical side:

- Always use the oil that is given to you as a prayer team member. Some people may have sensitivities to scented oils.
- Open the bottle discreetly and hold in your hand or place in your pocket when not in use.
- Get a small amount of oil on the tip of your finger (a little goes a long way!), and then
- Gently touch the participant's forehead. It helps if you remember to do unto others as you would have them do unto you when it comes to application—basically, try to avoid getting oil in the participant's hair or on their clothes.

Touching and Gender Boundaries

Men will pray with men, and women will pray with women. As a member of the prayer team, you may put your hand on a participant's shoulder or take both of their hands. It's good to hug—we are passing on the love of God—but do not force a hug. For some, physical touch may cause anxiety due to past experiences or personal preferences, so be aware and ready to react respectfully. As a rule, use caution when touching people.

- If you are praying for healing, have the person put his hand on his heart and then put a couple fingers on his hand.
- If you are praying over generational spirits, tell them to put their hand on the stomach and then put your fingertips on their hand while you pray. Fingertips only, please. And only touch them on their hands or on their shoulder to always maintain integrity and participant comfort.

Engage Their Will

Participants are learning that they don't have to put up with the enemy's harassment. Even as you pray, encourage the son or daughter of the King to rise up and exert their own will against the spirits of darkness. For some, this may look like opening their hands or turning their hands over to release the burden and receive the blessing.

If a participant wants to pray in tongues while you pray, encourage them instead to listen and receive. Likewise, refrain from openly praying in tongues over the participants. Remember we want to eliminate as many distractions as possible and prevent confusion.

Stay on Topic

You may have a participant who says they do not need prayer for the specified area. Keep your heart humble and judgment free, and proceed to pray against generational sin and curses, then bless them as the Spirit leads.

If a participant asks you to pray about a different area than the one specified, kindly say that this time is dedicated to a certain topic because of the power of praying in unity and assure them that there will be a time to pray for that area of need.

There are times when you may need to pause the prayer so that you can encourage the person stay focused. Isolate any other area of bondage that would give the spirit you're dealing with any strength. Stay on topic—it is important to have everyone in the room going after the same spirit at the same time so there is a unified force of victory.

Warfare Prayer

This Retreat is focused on Freedom, which does involve spiritual warfare. You are called, you are chosen, and you are equipped to pray for all areas of sin and bondage. Do not fear, for Jesus has the victory and He desires to bind up the brokenhearted and set the captives free. You are simply partnering with the Savior.

Here are a few tips to remember as you engage in warfare:

1. Pray like Jesus . Model your prayers after the way Jesus addresses demonic powers. Jesus didn't say, "Oh Father, set this person free." He spoke directly to the spirits: "Spirit, come out! Loose this person and let him go. Be gone, go!" This is a direct command to the spirits. We take authority through the Name of the one who gave us our authority, the Name of Jesus.

2. Keep your eyes open . During prayer time this allows you to watch for signs of things like tears, fatigue, or warfare. Watch for facial expressions, stiffening up, clenched fists, and lips tightening up, so you can react appropriately.

It's important to practice this before the Retreat so that you are comfortable praying with your spirit and seeing with your natural eyes at the same time.

Note: The participant doesn't need to look at you while you are praying for them. The only time this would be appropriate is if a demon is more in control than the person.

3. Manifestations lead to victory . If a person manifests something demonic, it is not the time to become intimidated or give fear a chance to rise; it is a time to rejoice—Hallelujah! The glory of the Lord is crowding the enemy out of hiding. Demons would prefer to stay hidden. If something strange begins to happen, determine whether it is the working of a spirit or something in their flesh. Take a moment to ask the Holy Spirit: "Lord, help me discern and understand what is happening here." Also, motion to a Captain to come along side you as you minister.

Here are a few things to be aware of should you experience a manifestation as a Prayer Teamer:

- If you are praying next to someone who is ministering to a person who is having manifestations, it is important not to get distracted. Also, do not gather around, allow a captain to come and assist. •
- Throwing up rarely happens but it can. Trashcans and clean up teams will be available if needed.
- During the Retreat, a participant may go down or get weak in the knees. Here are a few reasons for such a reaction:
 - It could be the Holy Spirit (though this is not typical).
 - It could be predisposition to falling because of services they have attended in the past.
 - It could be that they are in a battle, and something begins to break inside. Hold them up if you can and encourage them to fight until the spirit is gone. Sitting down is preferred over lying down.

4. Engage a captain . The Captain's role is to assist, support, encourage, and provide direction as you intercede. Continue to take authority over the spirit and look for a sign of when it breaks. Sometimes it's just a single tear that comes down the cheek. Sometimes you see the person actually

straighten up, like the load they have been carrying just falls off. Watch for the breaking. If the prayer time goes on, it may be necessary to move the off to the side or to a prayer room and more assistance will be provided. Your captain will help you discern if that is necessary.

Wrapping Up

As you finish up a prayer time, you may notice frustration in a participant, or that person may be reluctant to return to their seat. If so, you may want to ask them if they feel a release. You could also ask the person how they feel and if there is still something that needs to be dealt with. When there's a sense of release, bless them, and perhaps end with a hug or handshake.

It is also important to know when to wrap up. It is not our job to force a person to freedom. We are simply there to show them the way. If a person isn't willing or ready to receive, they may not show signs of release. Be careful not to tarry when the person is ready to finish. Be sensitive to their needs and release them to their seats when they've either received what they desire or show signs of no longer receiving.

NOTES:

SECTION 3
PRAYER FORMAT

Freedom Prayer Format

1. Interview
2. Repent
3. Renounce
4. Fill & Bless

FREEDOM PRAYER FORMAT

A guideline for BE FREE Retreat prayer

1. INTERVIEW

We begin by allowing the Holy Spirit to reveal how the person can be set free. It's important to remember that He may reveal this to the participant or to you as the one partnering with them in prayer.

Start by asking the participant: "Did that teaching bring anything to mind or stir up anything we can pray together about?"

-Listen to their response. If you are unsure how to pray, ask, "How do you think I should pray for you?"

-This should be a brief conversation time because you want to invest most of your moments together in prayer.

There's something powerful about asking Jesus for help. From blind men (Matthew 20:32) to a paralytic (John 5:6), Jesus encountered many who sought help, and he often responded with a question about the specifics. He already knew the ailments and conditions, but still He asked them. James 4:2 says, "You do not have because you do not ask."

"Ask and you shall receive." Matthew 7:7

The goal here is to identify what needs to be prayed for and to ensure that the participant's will is engaged in the process.

2. REPENT

Identify the participant's role in his or her own bondage. This may mean they need to confess something that has been hidden, forgive someone, or repent from an old way of thinking.

Confess:

Based off the interview and if it's appropriate, encourage the person to confess their sin if they have not done so. Confession brings both healing and forgiveness. You may lead them in a prayer of repentance to help keep the prayer time focused.

"Therefore confess your sins to each other and pray for each other so that you may be healed." James 5:16

"But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness." 1 John 1:9

Forgive:

You may need to ask the person you are praying for if there is anyone he or she needs to forgive, including themselves and/or God. To forgive is to release, loose, dismiss, and completely cancel the debt. It is a choice, not a feeling. And it also difficult, especially in areas where deep hurts and wounds exist. Ask the Lord to help you navigate this part of the prayer time.

Steps to Forgive

1. Identify those you need forgive
2. Forgive the person who offended or hurt you or participated in introducing you to this spirit
3. Forgive yourself and/or God.
4. Release and bless the person(s) originally identified

Note: if a person is truly harboring unforgiveness against another it will be difficult to call the person's name. Gently encourage them to identify the person by name (as opposed to "someone I grew up with", or "my mother") and observe their response.

"Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you." Ephesians 4:32

Repent:

To repent is to literally change direction. Pray with the participant to turn away from the sin or spirit and turn toward the truth in God's Word. Often people think that simply confessing sin clears their conscience and frees them from any consequence or responsibility. Confession is a part of repentance, but it is not repentance. Confession is admitting a sin. Repentance is setting our minds on the cross and away from the sin. If needed, lead the person in a prayer of repentance.

"If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God. Set your minds on things above, not on earthly things." Colossians 3:1

"How much more, then, will the blood of Christ, who through the eternal Spirit offered himself unblemished to God, cleanse our consciences from acts that lead to death, so that we may serve the living God!" Hebrews 9:14

3. RENOUNCE

Identify the enemy's role in a participant's bondage. We speak directly to the enemy and renounce any influence of the enemy, rebuke that spirit by name, and break any strongholds.

Renounce: To renounce means to disown and forbid the approach of the disowned. Release from spiritual bondage involves renouncing, rebuking and breaking the powers of darkness.

"He who conceals his own sin does not prosper, but whoever confesses and renounces them finds mercy." 2 Corinthians 4:2

"He forgave us all our sins, having canceled the written code, with its regulations, that was against us and that stood opposed to us; he took it away, nailing it to the cross. And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross." Colossians 2:14-15

Rebuke the spirit: To rebuke means to reprove, censure severely, to admonish or charge sharply. When you rebuke, take authority and speak with boldness. Demand that the spirit let them go in the name of Jesus. Partner with them and cast the spirit out.

"When Jesus saw that a crowd was running to the scene, He rebuked the evil spirit. 'You deaf and mute spirit,' Jesus said, 'I command you, come out of him and never enter him again.'" Mark 9:25

"I command you in the name of Jesus to come out." Acts 16:18

"I [Jesus] have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you." Luke 10:19

Break: Tell the participant that you are going to anoint them with oil. Then apply the oil and break the yoke of bondage based on the blood and the name of Jesus.

"It shall come to pass in that day this burden will be taken away from your shoulder, and his yoke from your neck, and the yoke will be destroyed because of the anointing oil." Isaiah 10:27

“And they were casting out many demons and were anointing with oil many sick people and healing them.” Mark 6:13

4. FILL & BLESS

In this final part of the prayer format we celebrate that the participant is set on a new path of freedom in this area. We speak blessings over them and celebrate their future as a free person. Use this time to speak the Word and Life over them.

Fill: Be sure to end each prayer time with a prayer to fill up the places that were just emptied. (See Matthew 12:43-45). The Word of God can be used in a mighty way here. Speak scriptures over the participant that directly speak truth to the lie just dealt with in the teaching/ prayer time. And invite the Holy Spirit to bless that participant abundantly. Look at this way; the Holy Spirit has just taken ground from the enemy and we are inviting Him to take His rightful place in that territory.

Bless: Bless with the opposite of what you cast out. If it was anger, fill them with peace. If it was rejection, pray for acceptance of God’s love and the love of others in the life.)

“Blessed are those who hunger and thirst for righteousness, for they shall be filled.” Matthew 5:6

“Be continually filled with the Holy Spirit.” Ephesians 5:18

“Now I commit you to God and to the word of His grace, which can build you up and give you an inheritance among all those who are sanctified.” Acts 20:32

Rejoice: Take time to thank the Lord for freedom, and the future he has given the participant.

“The ruler of the world is coming, and he has nothing in me!” John 14:30

“However, do not rejoice that the spirits submit to you, but rejoice that your names are written in heaven.” Luke 10:20

EXTRA HELP

If you find that you are praying a lot but getting nowhere, ask the participant if they are harboring any bitterness or unforgiveness. Unforgiveness creates a

barrier and will need to be removed for the participant to receive breakthrough.

It could also be sin, a different hurt from the past or a number of “blockages” they might not even be aware of. Allow the Holy Spirit to speak to them. Ask a general question like,

“Is there anything else the Holy Spirit is showing you that we can address together.”

As they answer ask the Holy Spirit to reveal to them or you anything that might be hindering their freedom. Rely heavily on the Holy Spirit to reveal to you what they need. He’s faithful and desires their freedom.

Know this: You are not responsible for a reaction. As you pray for participants, release yourself from the burdens they carry and from the burden of saying or doing the “right” things. This is where that humble heart comes into play—ask the Lord for help, and trust Him to show up. He will. And if things don’t go the way you thought or wish they would with a participant, release the weight of your encounter, and bless them as they go.

You are making a difference. By being uniquely you and allowing your own stories of freedom to fuel your faith in God, you bring a much needed dose of hope and courage to the Retreat. By allowing the Lord to speak through you, you are helping change lives and impact families, cities, and even countries for the kingdom. Soldier on and pray with confidence as you speak truth that will set the captives free.

Baptism of the Holy Spirit The Four R’s

1. Remove
2. Request
3. Receive
4. Release

BAPTISM OF THE HOLY SPIRIT PRAYER FORMAT

1. REMOVE any remaining barriers.

During their retreat experience they’ve received freedom in many areas. However, there are certain hang ups like sin, unforgiveness, doctrinal issues,

pride or the need to know and understand that can stand in the way of their ability to receive the Holy Spirit. The goal of this topic is to allow the Lord to fill the places we've taken back from the enemy over the course of the Retreat.

Romans tells us "where the Spirit of the Lord is there is freedom." This includes the places in their heart they are willing to invite the Holy Spirit.

Be especially sensitive to a participant's understanding of the Holy Spirit's role in their lives as you prepare to pray for them.

We want to make sure and start with these questions:

Question 1) Is there anything else you feel we need to pray about before we pray for this topic.

Question 2) How are your relationships? Is there any unforgiveness?

Question 3) Are you ready to invite the Holy Spirit into the places you've experienced freedom this week?

This question allows them room to express concerns, fears, or misunderstanding that are important to understand as you pray for them.

If you pray again for any issue make sure that you seal in what the Word of God says about them:

Identity – "Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes. God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure." Ephesians 1:4-5 **Inheritance** – "Since he did not spare even his own Son but gave him up for us all, won't he also give us everything else?" Romans 8:32

2. REQUEST the Gift.

Once you have removed any remaining barriers in prayer and sealed the word of God over that area, ask another question:

Question: What do you want to receive from the Lord and how can I pray for you?

You need to understand *specifically* what they are requesting. Confusion sets in if we step out praying for some specific gift that they aren't seeking.

Getting the participant to articulate their request sets up an expectation to receive and also activates faith. Encourage them that The Holy Spirit would never force Himself on them, but will always honor a request:

“And so I tell you, keep on asking, and you will receive what you ask for. Keep on seeking, and you will find. Keep on knocking, and the door will be opened to you. For everyone who asks, receives. Everyone who seeks, finds. And to everyone who knocks, the door will be opened. “You fathers— if your children ask for a fish, do you give them a snake instead?...Of course not! So if you sinful people know how to give good gifts to your children, **how much more will your heavenly Father give the Holy Spirit to those who ask Him.**” Luke 11:9-13

3. RECEIVE the Gift.

A gift given doesn't necessarily mean a gift is received. It's important that participants understand that you're there to agree with them in prayer, but it's their job to put their faith into action through reaching out to receive what they've requested.

4. RELEASE the Gift.

If the participant has asked to receive their prayer language then this is the time to encourage them by faith to follow the Spirit's urging, stop praying in English and let their prayer language flow.

Encourage them that there are other manifestations of the Baptism of the Holy Spirit such as a supernatural love for God's people, words of wisdom and knowledge, an increase in faith, a gift of healing and so many others!

Things to remember:

1. Avoid praying in your prayer language over them. In this setting it is difficult to ensure that all participants are comfortable with this.
2. Avoid “feeding” them words to say.
3. Be sensitive to touch. This prayer time should be treated the same way as the rest of the retreat.
4. Represent the Holy Spirit well. He doesn't make participants uncomfortable, and neither should we.
5. Engage their will.

6. Celebrate with them no matter the outcome.

If they don't receive their prayer language in that moment, encourage them that God gives to His children what they request. He is faithful and has filled them with His Holy Spirit. Many people continue to experience more and more of Him as they walk in the faith that they have received what they requested.

SECTION 4 RESOURCES

Lordship (Pride)

Characteristics/Behaviors

Critical Negative Always right Dictatorial Scornful	Overbearing Impatient Interruptive Self-righteous Obstinate	Egotistical Contentious Boastful Arrogant Smug
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Declaration

I declare and proclaim this is my day to lay down my life.

It's no longer I who lives, but Christ who lives in me.

I have done nothing—absolutely nothing—to earn my salvation.

Jesus, you paid the price for me to live and be free.

God, burn away my pride and consume my sin.

You are my Master.

Not my will, but yours be done!

God resists the proud, so I resist pride.

I embrace humility and put it on like a garment.

I choose to go low. God's power is made perfect in my weakness.

I boast in my weakness, and God's power rests on me!

I humble myself under God's mighty hand.

He will exalt me whenever and however He chooses.

I empty myself now.

I am a slave to God and a servant to people.

Father, in the name of Jesus, take my life! Amen.

Scripture on *Lordship*

And so, dear brothers and sisters, we can boldly enter heaven's Most Holy Place *because of the blood of Jesus*. Hebrews 10:19

If you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. Romans 10:9

Whoever finds his life will lose it, and *whoever loses his life* for my sake will find it. Matthew 10:39

Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. 1 Peter 5:6

God resists the proud, but gives grace to the humble. James 4:6

This is how we know what love is: Jesus Christ laid down his life for us.

And we ought to lay down our lives for our brothers. 1

John 3:16

I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me. Galatians 2:20

For it is by grace you have been saved, through faith—and this not from yourselves, it is the gift of God— not by works, so that no one can boast.

Ephesians 2:8-9

You were dead because of your sins and because your sinful nature was not yet cut away. Then God made you alive with Christ, for he forgave all our sins.

Colossians 2:13

Jesus told him, “I am the way, the truth, and the life. No one can come to the Father except through me. John 14:6

Father, if you are willing, take this cup from me; yet not my will, but yours be done. Luke 22:42

But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” 2 Corinthians 12:9

Believe in the Lord Jesus and you will be saved, along with everyone in your household. Acts 16:31

Humble yourselves before the Lord, and he will lift you up. James 4:10

NOTES:

Mammon

Characteristics/Behaviors

Greed Fearful Hording Worry Selfish Strife Stealing	Worldly Stingy Egoistical Boasting competition comparisons Envy	Wrong motives Temporal mindset lack of contentment selfish ambition dishonest gain preoccupation with news
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Declaration

I am of God and the devil has nothing in me.

I will not serve two masters. I will not serve both God and mammon.

I will worship the Lord and serve Him only.

If my Heavenly Father feeds the birds, He'll take care of me.

If He clothes the lilies, He'll provide for me.

If I seek His kingdom and His righteousness, all these things will be added to me.

Everything in the heavens and the earth is the Lord's. He is the Lord of all and supplies all my needs.

I produce wealth because God gives me ability.

He richly provides everything for my enjoyment.

By God's command and my obedience to Him, I am blessed. I am blessed in the city. I am blessed in the country. My children are blessed. My business is blessed. I am blessed when I come in. I am blessed when I go out.

I am the head and not the tail. I am above and not beneath.

Everything I put my hand to is blessed.

I renounce all greed, selfishness and selfish ambition, all boasting and envy.

Lord, purify my motives and my heart.

I commit today to keep myself free from the love of money.

I am content with what I have and in all circumstances.

My stuff will perish, but my God remains. He is my all in all. Amen.

Scripture on *Mammon*

No one can serve two masters; for either he will hate the one and love

the other, or else he will be loyal to the one and despise the other. *You cannot serve God and mammon.* Matthew 6:34

For what profit is it to a man if *he gains the whole world, and loses his own soul?* Matthew 16:26

For the love of money is the root of all kinds of evil. Some people, eager for money, have wandered from the faith and pierced themselves with many grieves. 1 Timothy 6:10

For where your treasure is, there your heart will be also. Matthew 6:21

Honor the LORD with your wealth and with the best part of everything you produce. Then he will fill your barns with grain, and your vats will overflow with good wine. Proverbs 3:9-10

Yours, O LORD, is the greatness, the power, the glory, the victory, and the majesty. Everything in the heavens and on earth is yours, O LORD, and this is your kingdom. We adore you as the one who is over all things. 1 Chronicles 29:11

My God shall supply all your need according to His riches in glory by Christ Jesus. Philippians 4:19

But seek first the kingdom and His righteousness, and all these things will be given to you as well. Matthew 6:33

Keep your lives free from the love of money and *be content with what you have*, because God has said, "Never will I leave you; never will I forsake you." Hebrews 13:5

"[Jesus] have come that they may have life, and have it to the full." John 10:10

Our citizenship is in Heaven and we eagerly await a Savior from there, the Lord Jesus Christ. Philippians 3:20

Then he said to them, "Watch out! Be on your guard against all kinds of greed; a man's life does not consist in the abundance of his possessions." Luke 12:15

Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself. Philippians 2:3

Such is the fate of all who are greedy for money; it robs them of life. Proverbs 1:19

Rejection

Characteristics/Behaviors

Anger Sorrow Resentment Broken Heart Discouragement Low Self Esteem	Depression Loneliness Hopelessness Eating Disorders False Responsibility	Self Pity Insomnia Insecurity Suicidal Thoughts Self mutilation/cutting
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Declaration

I am blessed with all spiritual blessings in heavenly places.

If God is for me, who can be against me?

I am chosen by God. He has not rejected me!

God loves me so much that He gave His only Son for me.

He chose me and appointed me to bear good fruit.

God contends with those who contend with me.

Spirits of rejection come at me in one direction, but flee in seven!

I am holy and blameless. I am redeemed through the blood of Jesus.

I have the spirit of wisdom and revelation.

I am an heir of heaven. I am seated in heavenly places.

I am God's workmanship. I am fearfully and wonderfully made.

I am a new creation. I am a citizen of heaven.

I am rooted and grounded in love.

I am more than a conqueror. I am an overcomer.

I am healed. I am free!

Lord, everything You say about me is true! Amen.

Scripture on *Rejection*

God loves you dearly, and He has called you to be his very own people. Romans 1:7

I took you from the ends of the earth, from its farthest corners I called you. I said, 'You are my servant'; *I have chosen you and have not rejected you*. Isaiah 41:9

“And this is my covenant with them,” says the LORD. “My Spirit will not leave them, and neither will these words I have given you. They will be on your lips and on the lips of your children and your children’s children forever. I, the LORD, have spoken! Isaiah 59:21

If God is for us, who can be against us? Romans 8:31

“Never will I leave you; never will I forsake you.”

Hebrews 13:5b

You didn’t choose me. I chose you. I appointed you to go and produce lasting fruit, so that the Father will give you whatever you ask for, using my name.

John 15:16

“For I know the plans I have for you,” says the LORD. “They are plans for good and not for disaster, to give you a future and a hope. In those days when you pray, I will listen.” Jeremiah 29:11-12

Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes. Ephesians 1:4

Furthermore, because we are united with Christ, we have received an inheritance from God, for he chose us in advance, and he makes everything work out according to his plan. Ephesians 1:11

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. Psalm 139:14

God raised us up with Christ and seated us with Him in the heavenly realms in Christ Jesus. Ephesians 2:6

Even if my father and mother abandon me, the LORD will hold me close. Psalm 27:10

“No weapon forged against you will prevail, and you will refute every tongue that accuses you. This is the heritage of the servants of the LORD, and this is their vindication from me,” declares the LORD. Isaiah 54:17 **Purity**

Sexual Lust & Pornography

Lust of the eyes Impure thoughts Sexual fantasies Lust of the flesh Lewdness Pornography	Masturbation Obsession with the physical body Viewing photos or art Reading novels or magazines	Viewing movies or computer involvement in the production, sale, or distribution of material
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Sexual Sin & Perverted Sex

Fornication Immorality Promiscuity Orgies	Homosexuality Lesbianism Bisexuality Voyeurism	Sodomy Bestiality Sadomasochism Adultery, infidelity, and betrayal
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Sexual Abuse

Child molestation Rape	Incest Ritual Abuse	Sexual abuse in marriage
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Declaration

I have been crucified with Christ. I no longer gratify the cravings of my old sinful nature. My body is the temple of the Holy Spirit.

My body may be weak, but my spirit is willing.

I am never tempted beyond what I can bear—God always provides the way out.

I flee youthful lusts. I resist the devil, and he must flee from me.

I have the mind of Christ. I will set before my eyes no vile thing. I take captive every thought.

My thoughts are true, noble, right, and pure. I am sober and alert, ready for any attack.

My God arms me with strength and makes my way perfect. He who is in me is greater than he who is in the world.

When evil comes, I will stand my ground. I am a new creation—no more condemnation.

Christ has set me free! And by His blood, my hands are clean, my conscience is clear, and my heart is pure. And the pure in heart will see His face.

Lord, I want to see your face! I have only one desire: Your presence in my life. Show me Your glory! Amen.



Scripture on *Purity*

Though your sins be like scarlet, *they shall be white as snow*. Isaiah 1:18

Let us draw near to God with a sincere heart in full assurance of faith, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water. Hebrews 10:22

For we know that our old self was crucified with Him so that the body of sin might be done away with, that we should no longer be slaves to sin. Romans 6:6

But he who unites himself with the Lord is *one with Him in spirit*. 1 Corinthians 6:17

I urge you, as aliens and strangers in the world, *to abstain from sinful desires*, which war against your soul. 1 Peter 2:11

The *one who is in you is greater than* the one who is in the world. 1 John 4:4

So Christ has truly set us free. Now make sure that you stay free, and don't get tied up again in slavery to the law. Galatians 5:1

Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Ephesians 6:13

For God bought you with a high price. So you must honor God with your body. 1 Corinthians 6:20

Blessed are the pure in heart, for they will see God. Matthew 5:8

Create in me a pure heart, O God, and renew a steadfast spirit within me. Psalm 51:10

Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come! 2 Corinthians 5:17

How much more, then, will the blood of Christ, who through the eternal Spirit offered himself unblemished to God, cleanse our consciences from acts that lead to death, so that we may serve the living God! Hebrews 9:14

Therefore, there is now no condemnation for those who are in Christ Jesus. Romans 8:1

Shame

Characteristics/Behaviors

Guilt Overworked Aloof with people Overachievement	Condemnation Covering up unworthiness Self-hatred	Religious Dishonesty about past Distant from god
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Declaration

God chose me before the creation of the world to be holy and blameless in His sight.

Jesus Christ, the Righteous One, has redeemed me.

The blood of Jesus washes away my sin.

The blood of Jesus purifies my heart.

The blood of Jesus cleanses my conscience.

The blood of Jesus gives me a fresh start.

God lifted me out of a slimy pit, out of the mud and mire, and placed me on a rock.

I am forgiven—He remembers my sin no more.

I am forgiven—He blots out my transgression.

As far as the east is from the west are my sins from me.

As high as the heavens are above the earth: so great is His love for me.

I no longer condemn myself, and neither does God condemn me.

I silence the accuser now! Satan is the father of lies.

By the power of the blood—I tear down the veil of shame. Lord, take these worthless fig leaves, and clothe me in Your righteousness.

I run from darkness to light.

My face is radiant and unashamed.

Instead of shame, I will receive double honor.

I will never be put to shame again.

Whom the Son sets free is free indeed! Amen.

Scripture on *Shame*

If we walk in the light as He Himself is in the light, we have fellowship with one another, and *the blood of Jesus cleanses us from all sin*. 1 John 1:7

Now the Lord is the Spirit; and where the Spirit of the Lord is, there is liberty. But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being *transformed into the same image from glory to glory*. 2 Corinthians 3:17-18

If any one of you is without sin, *let him be the first to throw a stone at her*. John 8:7

Christ loved the church and gave himself up for her to make her holy, *cleansing her by the washing with water through the word*. Ephesians 5:25-26

Let us draw near to God with a true heart in full assurance of faith, having *our hearts sprinkled from an evil conscience* and our bodies washed with pure water. Hebrews 10:22

If we confess our sins, He is faithful and just and will forgive us our sins and *purify us from all unrighteousness*. 1 John 1:9

For I will forgive their wickedness and will *remember their sins no more*. Hebrews 8:12

As far as the east is from the west, *so far has he removed our transgressions from us*. Psalm 103:12

I waited patiently for the LORD; he turned to me and heard my cry. *He lifted me out of the slimy pit*, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand. Psalm 40:1-2

Those who trust in me will never be put to shame. Isaiah 49:23b

Therefore, if anyone is in Christ, *he is a new creation*; the old has gone, the new has come. 2 Corinthians 5:17

Those who look to him for help will be radiant with joy; no shadow of shame will darken their faces. Psalm 34:5

Though he stumble, he will not fall, for the LORD upholds him with His hand. Psalms 37:24

Instead of your shame you shall have double honor, Isaiah 61:7

For though a righteous man falls seven times, he rises again. Proverbs 24:16

Abuse

Physical

Harsh or abusive discipline	Beatings Physical torture	Being hit or struck violently
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Verbal

Put downs Hateful words	Name calling Constant criticism	Harsh words
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Emotional

Abandoned by parents or trusted friends Broken trust Not cared for	Divorce Left alone Neglected Betrayal	Not bonding with parents Broken or un-kept promises Controlled and manipulated by threats of abuse Lived with fear and terror
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Sexual

<u>As a Child:</u>	<u>As a Youth:</u>	<u>As an Adult:</u>
Incest Through molestation Ritualistic abuse Child pornography [destroying of sexual innocence and purity]	Rape Date rape Lured into sex by an older person	Through rape Spousal abuse Sexual violence

Spiritual

Bruised by pastors Spiritual leaders or fellow believers	Manipulated or controlled by pastors or leaders	Judgments passed unfairly Violations of trust
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Declaration

God knows me and loves me. His Spirit is near to me. He hems me in and protects me, and heals my broken heart.

Today I receive my healing. What the devil meant for evil, God will turn for good.

I have authority to overcome all the power of satan.

People may have hurt me, but I am not a victim. I release all who have hurt me in any way.

I command a blessing on all my enemies. I entrust them now to the righteous Judge.

I choose to forget the past and leave it behind.

I pull up all bitter roots and throw them in the fire!

Christ has redeemed me from the curse of abuse.

I renounce all anger, resentment, and hatred. I break any generational curse of abuse off my life. Lord, cleanse my hands of all abuse. Make my hands reach out in blessing to lift others up.

Lord, cleanse my mouth of all hurtful words. Let these lips speak words of healing, encouragement, and blessing.

Lord, cleanse my eyes of all looks of hatefulness and intimidation. Let my eyes show forth love, kindness, and tenderness.

God has a plan for me, a hope and a future to prosper me and bless me.

He will restore to me all of the years the devil has stolen.

I cast my burden Him. The old is gone, the new has come. Amen.

Scripture on Abuse

The Spirit of the Sovereign LORD is on Me, because the LORD has anointed Me to preach good news to the poor. He has sent Me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners. Isaiah 61:1-3

He heals the brokenhearted and binds up their wounds.
Psalm 147:3

He is near to those who have a broken heart and saves those who are crushed in spirit. Psalm 34:18-19

But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus. Philippians 3:13-14

But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you. Matthew 5:44

You ought to forgive and comfort him, so that he will not be overwhelmed by excessive sorrow. 2 Corinthians 2:7

Jesus said, "Father, forgive them, for they do not know what they are doing."
Luke 23:34

Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. Ephesians 4:32

God is our refuge and strength, an ever-present help in trouble.
Psalm 46:1

Fear

Characteristics/Behaviors

Worry Unbelief Lack of trust Anorexia and bulimia Other fearful eating habits	Physical ailments such as migraines and ulcers Hording Reclusive behavior Nightmares Critical spirit	Phobias such as checking under beds and in closets, repetitively checking locks, sleeping with the lights on, refusing to fly or get on elevators Hypochondria
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Declaration

I am a member of the body of Christ and satan has no power over me, for I have overcome evil with good.

I am of God and have overcome satan, for greater is He who's in me than he who's in the world.

I will fear no evil for God is with me. His word and His Spirit, they comfort me.

I am far from oppression, and fear does not come near me.

No weapon formed against me will prosper. I will not be afraid of the terrors of the night, nor fear the dangers of the day.

The Lord is on my side. I will not fear. What can man do to me? My righteousness is of the Lord, and whatever I do will prosper, for I am like a tree planted by the rivers of water.

I am delivered from the evil of this present world, for this is God's will for me.

No evil will befall me! Neither will any plague come near me, for the Lord has given His angels charge over me. They keep me in all my ways. I take the shield of faith and quench every fiery dart that the wicked one brings against me.

Christ has redeemed me from the curse of the law in the name of Jesus I am an overcomer, and I overcome by the blood of the Lamb and the word of my testimony.

I am submitted to God, and the devil flees from me.

The Word of God is forever settled in heaven; therefore, I will establish His word on earth. Fear, you must go now!

I am made perfect in love. I am a person of faith. Amen.

Scripture on Fear

For God has not given us a spirit of fear, but of power and of love and of a sound mind. 2 Timothy 1:7

There is no fear in love; but *perfect love casts out fear*, because fear involves torment. But he who fears has not been made perfect in love. 1 John 4:18

For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, 'Abba, Father.' Romans 8:15

The Lord is on my side; I will not fear. *What can man do to me?* Psalm 118:6

No harm will overtake you, no disaster will come near your tent. For he will command his angels concerning you to guard you in all your ways. Psalm 91:10-11

There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love. 1 John 4:18

Do not be afraid or discouraged, for the LORD is the one who goes before you. He will be with you; He will neither fail you nor forsake you. Deuteronomy 31:8

Do not be afraid. Stand firm and you will see the deliverance the LORD will bring you today. Exodus 14:13

Be strong and courageous. Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go. Joshua 1:9

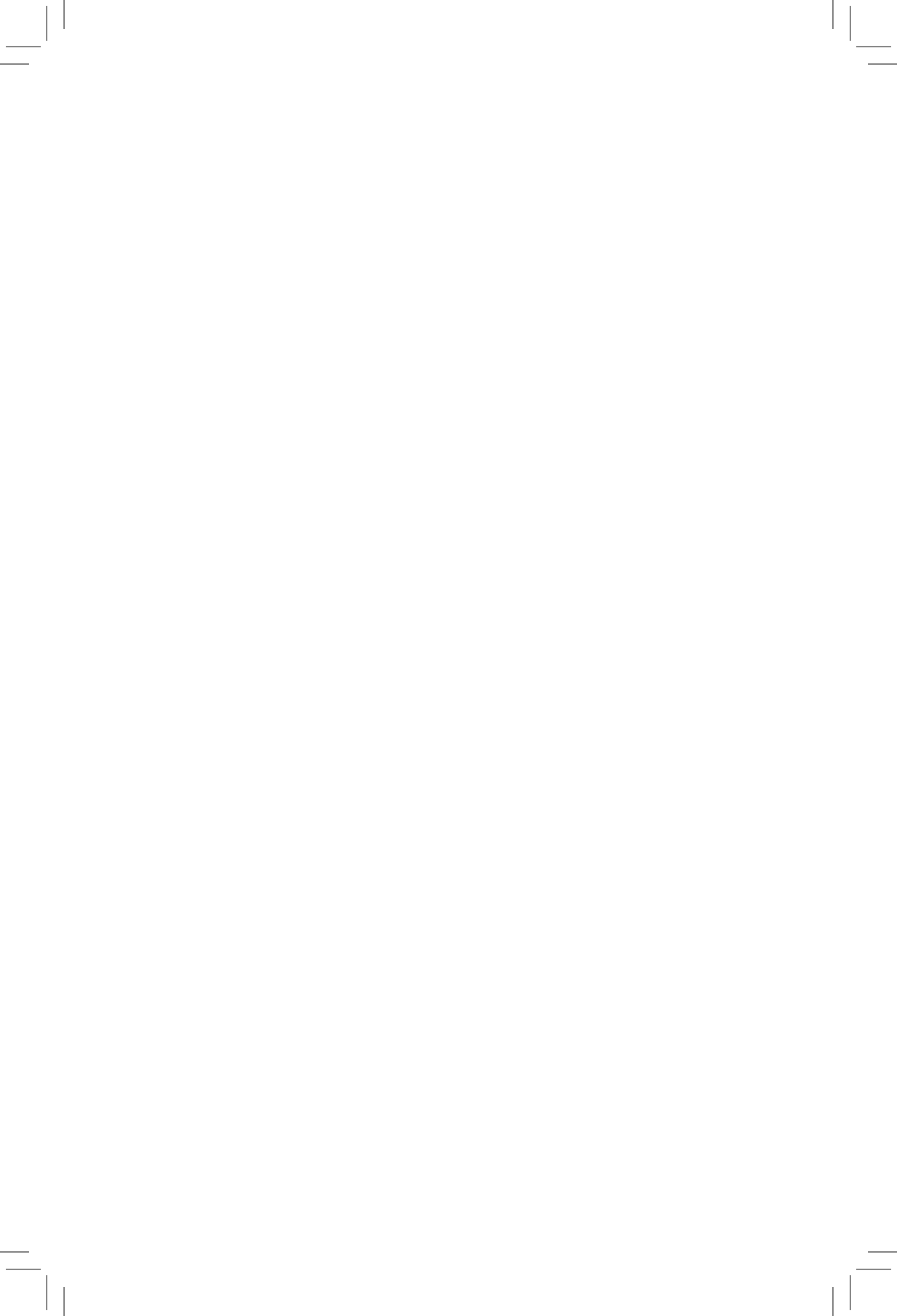
I have set the LORD always before me. Because he is at my right hand, I will not be shaken. Psalm 16:8

Though an army besiege me, my heart will not fear; though war break out against me, even then will I be confident. Psalm 27:3

The name of the LORD is a strong tower; the righteous run to it and are safe. Behold, God *is* my salvation, I will trust and not be afraid. Proverbs 18:10

I sought the LORD, and he answered me; He delivered me from all my fears.
Psalm 34:4

Because he loves me," says the LORD, "I will rescue him; I will protect him, for
he acknowledges My name. Psalm 91:14



Heaviness and Depression

Characteristics/Behaviors

Grief Sorrow Regrets Isolation Hopelessness Inferiority Un-teachable Divorce	Disease Self- pity Despair Suicide Abortion miscarriage Eating disorders "Accident prone"	Lack of vision Being self-absorbed Pre-mature death in family Un-pacified emotions Weakness of faith Death of a ministry
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Declaration

I prophesy to myself—Dry bones, hear the word of the Lord: I will live and not die! I will declare His mighty works.

God is my refuge.

He is my deliverer. His mercies are new every day.

His joy is my strength. His wings are my shelter.

He heals my broken heart. He restores my soul.

What I have sown in tears, I'll reap in joy.

What the devil meant for evil, God turns for good.

Jesus, I run to You. I trade this heavy yoke for joy unspeakable.

I trade every burden for peace like a river. I have the mind of Christ.

I am complete, and lacking nothing.

I am rooted and established in God's love.

How wide, how long, how high, how deep is His love for me!

I wear a crown of beauty, instead of ashes; the oil of gladness, instead of mourning; the garment of praise, instead of despair.

I'm alive! I take off the grave clothes and come forth. Amen.

Scripture on *Heaviness and Depression*

Behold, the Lord's hand is not so short that it cannot save; nor is His ear so dull that it cannot hear. Isaiah 59:1-2

I will not die but live, and will proclaim what the LORD has done. Psalm 118:17

Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus. Philippians 1:6

Yet this I call to mind and therefore I have hope: Because of the Lord's great love we are not consumed, for His compassions never fail. They are new every morning; great is your faithfulness. Lamentations 3:21-23

Then they cried out to the Lord in their trouble, and He saved them out of their distresses. He brought them out of darkness and the shadow of death and broke their chains in pieces. Psalm 107:13-14

And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:7

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. Isaiah 41:10

He heals the brokenhearted and binds up their wounds. Psalm 147:3

He is near to those who have a broken heart and saves those who are crushed in spirit. Psalm 34:18-19

Restore to me the joy of Your salvation, and uphold me by Your generous Spirit. Psalm 51:12

Those who sow in tears shall reap in joy. Psalm 126:5

I consider that our present sufferings are not worth comparing with the glory that will be revealed in us. Romans 8:18

You have made known to me the ways of life; You will make me full of joy in Your presence. Acts 2:28

Let the heavens rejoice, and let the earth be glad; and let them say among the nations, "The LORD reigns." Chronicles 16:31

These things I have spoken to you, that My joy may remain in you, and that your joy may be full. John 15:11

Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit. Romans 15:13

Scripture on *Baptism of the Holy Spirit*

You know of Jesus of Nazareth, how *God anointed Him with the Holy Spirit and with power*, and how He went about doing good and healing all who were oppressed by the devil, for God was with Him. Acts 10:38,
NASB

When the day of Pentecost came, they were all together in one place. Suddenly a sound like the blowing of a *violent wind came from heaven and filled the whole house* where they were sitting. Acts 2:1-2

They saw what seemed to be tongues of fire that separated and came to rest on each of them. *All of them were filled with the Holy Spirit* and began to speak in other tongues as the Spirit enabled them. Acts 2:3-5

He [Jesus] will *baptize you with the Holy Spirit* and with fire. Matthew 3:11

This is what was spoken by the prophet Joel, “In the last days, God says, *I will pour out my Spirit on all people*. Your sons and daughters will prophesy, your young men will see visions, your old men will dream dreams. Even on my servants, both men and women, I will pour out my Spirit in those days, and they will prophesy. Acts 2:14-18

“As I began to speak, *the Holy Spirit came on them* as he had come on us at the beginning. Then I remembered what the Lord had said: ‘John baptized with water, but you will be baptized with the Holy Spirit.’ So if God gave them the same gift as he gave us, who believed in the Lord Jesus Christ, who was I to think that I could oppose God?” Acts 11:15-17

“But *you will receive power* when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.” Acts 1:8

For we know, brothers loved by God, that he has chosen you, because our gospel came to you *not simply with words, but also with power, with the Holy Spirit* and with deep conviction. I Thessalonians 1:4-5

I tell you the truth, anyone who has faith in me will do what I have been doing. He will do *even greater things than these*, because I am going to the Father.
John 14:12

And if the Spirit of Him who raised Jesus from the dead is living in you, He who raised Christ from the dead will also give life to your mortal bodies through *His Spirit, who lives in you*.
Romans 8:11

NOTES:



The Center Of It All...
the
WorshipCenter
CHRISTIAN CHURCH