



BE FREE

Description: Be Free is a 15-week small group. Following week 12, there is a powerful 2-day BE Free Retreat designed for a personal encounter with the Lord. The final 3 weeks will equip you to maintain sustainable freedom.

- for a personal encounter with the Lord and sustainable daily freedom.
- Additional Requirements: \$25 for printed leadership material/ Digital edition available at no cost.

Prerequisites to Lead

- Complete Growth Track and Small Group Leader Training
- Complete BE FREE Group and attend a BE FREE Retreat
- Attend BE FREE Leader Training and serve as a Co-Leader

Excellence

- Excellence is a way of life.
- Once a BE FREE leader, you are always a BE FREE leader. Remember people remember you as their BE FREE leader.
- BE FREE Leader Commitment Form
- Social Media Discipline

Retreat

- Serving at the BE FREE Retreat is a privilege, open to BE FREE Leaders and Co- Leaders
- The BE FREE Retreat will be_____. The registration fee will be \$75.00. ➤ Retreat Training- Dates and times will be communicated soon.
- Retreat Role- Be thinking and praying about how you would like to serve at the retreat. ○ Host Team: no pre- requisite; serve participants inside of the auditorium. ○ Events Team: no pre- requisite; help with meals, registration and greeting. ○ Intercessors: no pre- requisite; intercede for the retreat, team, and participants. ○ Prayer Team: only able to serve after serving on another team during a previous Retreat.



Communication

Communication is vital to our success as a team.

We will communicate through several methods to ensure you are receiving BE FREE Team Information.

1. Emails

Emails will be the primary method of communication for the team.

Our emails communicate everything that you need to know so please check your inbox often and carefully read emails.

- Make sure you are registered as a Co-Leader via Churchteams.com through twccc.org
- Check your junk folder

2. GroupMe BE FREE Leader Group

- a. Please request membership in the group and check for updates
- b. Closed group for BE Free leaders, co leaders & volunteers only
- c. All dates and pertinent information will be posted.
- d. Will also serve as a way for leaders who need co-leaders to post on the page and vice versa.

3. Coaches and Captains

One of the roles of your Coach is to be your source of information. Please contact them if you have any questions. Your relationship with your Coach is vital to your success as a BE FREE Team member.

4. Chain of Communication

- a. Please adhere to the appropriate chain of communication
Leader→Coach→Captain(s)(Terri, Erika, James)
- b. When a leader or co-leader steps down notify your coach and captains immediately



BE FREE Leader/ Co-Leader Pairing

Best form of pairing is relational pairing- Talk to people you know first

Be Free Leader/ Co- Leader Connect GroupMe Chat

- * If you do not have GroupMe, please add the app

The Role of the Leader

- *Take the Lead (Set up regular weekly meetings with co-leaders)
- *Develop Co-Leaders (Provide them with roles)
- *Feedback (Constructive feedback and encouragement)
- *Define Wins (Celebrate your wins and theirs)
- *Debrief after each meeting

The Role of the Co-Leader

- * Support the Leader
- * Participation (Be prepared each week to engage in the conversation)
- * Facilitate Lessons (Refer to leader manual resource page)
- * Pray with Participants



Your First Meeting

- * Introduction to BE FREE
- * The 3-Minute Testimony
- * Flow of the Group (Provide a calendar and adhere to it)
- * Communication Structure
- * Retreat Dates
- * The 50/50 Rule
- * Staying on Time

The Structure of Your Group

- * Your Main Goal: Create a safe environment where people can be transparent
- * Remember, this is their BE FREE Group
- * Radical Opinions : Let Jesus be the WOW factor
- * The Expected Weekly Layout :Worship, Discussion, and Individual Prayer

Ex.6:00-6:25-Fellowship; 6:25-6:30-Worship song and corporate prayer; 6:30-7:30- Video then facilitate discussion; 7:30-8:00- Individual Prayer

- * Explain that it is expected that EVERYONE goes up for prayer

The Role of a Facilitator

70/30 Rule : Discussion not lecture

Individual Prayer

- Start Prayer the First Week
- Establish Salvation
- Prayer Format: Identify the lie they have believed and replace it with the Truth
- Include Everyone
- Life-giving Prayer



Prayer is the Foundation of BE FREE Groups

- Covering for Participants
- Covering for Leaders/ Co Leaders
- Coaches and Captains
- Intercessory Prayer Groups
- Cover the area with prayer before and after

Getting Prepared

- Bishop Van "A Tale of Two Trees" or "Be Free"
- Lead from the Overflow
- Get a Prayer Partner
- Get familiar with your Leader Guide
- Make a schedule for weekly lessons
- Identify absences of leaders early on
- Register all Co-Leaders



As Christian leaders, we need to be above reproach.

Paul wrote, “Don’t be so naïve and self-confident. You’re not exempt. You could fall flat on your face as easily as anyone else. Forget about self-confidence; it’s useless. Cultivate God-confidence.” (1 Corinthians 10:12 Message)

The following safeguards are suggestions for your protection. The devil would love nothing more than to destroy your credibility as a leader.

BE FREE Leaders Safeguards

- (If you are married) Don’t go to lunch alone with the opposite sex.
- (If you are married) Don’t have the opposite sex pick you up or drive you places when it is just the two of you
- (If you are married) Be careful of showing affection with the opposite sex that could be misinterpreted.
- Avoid visiting the opposite sex alone at home.
- Avoid counseling the opposite sex alone, and do not counsel the opposite sex more than once without that person’s spouse.
- Don’t discuss detailed sexual problems with the opposite sex in counseling. Refer them.
- Do not discuss your marriage problems with a member of your group who is of the opposite sex.
- Be careful in answering emails, instant messages, and chatrooms, cards, or letters from the opposite sex.
- Have a protective ally; for example, your spouse or secretary.
- Pray for the integrity of other BE FREE Leaders.

Ephesians 5:3 ³But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God’s holy people.

Notes:



BE FREE Leadership Commitment:

Name: _____

Email: _____

Telephone Number: _____

Marital Status(check one)

Single **Engaged** **Married** **Divorced** **Widowed**

I have a personal relationship with Jesus Christ and acknowledge that He is my Lord and Savior.

I have received the Baptism of the Holy Spirit.

I commit to faithfulness as a leader in the following areas:

- Regular personal time in prayer, worship and the Word.
- Regular attendance at (home, church), Sundays and Wednesday Nights.
- Consistently praying for my participants. (Starting indiv prayer day 1 and each week)
- Studying the lessons each week and being prepared.
- Embracing the role of my coach.
- Excellence in communication – Being knowledgeable about all upcoming BE FREE Group dates and requirements.
- Commitment to register and serve at the BE FREE Retreat.
- Completing the Growth Track

I commit to the BE FREE Leader Safeguard

I understand the expectations of BE FREE Group leadership in the area of integrity and commit to a lifestyle above reproach.

Signature of Applicant: _____ **Date:** ____/____/____